



NV Rides

November 2015

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703.537.3071

"Giving up the freedom of my car to get anywhere I need to go is a huge disappointment but your drivers make life a whole lot easier. They are reliable, kind and compassionate. I am so grateful to all the dedicated volunteers whose efforts and hard work have really resulted in a prime program to help one's

NV Rides at the Positive Aging Fair

In October NV Rides had a wonderful time spreading the word about the program to participants at the [JCCNV's Positive Aging Fair](#). Keynote speaker Judith Viorst, best-selling author, newspaper and magazine columnist imparted life lessons with wisdom and humor. A very poignant point she made was that "everyone's life becomes richer and fuller by giving back and volunteering."



Four of our service providers also attended; [Shepherd's Center of Annandale Springfield](#), Mount Vernon at Home, [Shepherd's Center Mclean - Arlington - Falls Church](#) and [Herndon Village Network](#).

Give the Gift of a Lift: Become a Volunteer Driver

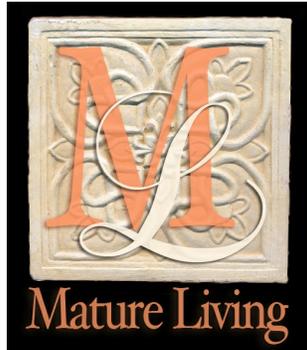
We take it for granted that most of us are dependent on driving daily. Think about how different your life



neighbors."

--Trudy

NV Rides featured on Fairfax County's Mature Living program



Safe Driving and Alternative Transportation Options in Fairfax County was the topic of this episode of Mature Living. NV Rides Manager Jennifer Kanarek spoke about volunteer transportation programs as an option when looking for safe and reliable transportation for non-driving seniors. The NV Rides segment starts at the 25:30 mark on the video. Click [here](#) to watch the program.

Mall Walkers



Last week NV Rides visited the [Virginia Hospital Center Mall Walkers Group](#) at Ballston Common Mall in Arlington. What a fun and very lively group for so early in the morning! We discussed volunteer opportunities as drivers for non-driving seniors.

would be if you could no longer drive? That loss of independence would change your way of living.

As more adults are choosing to "age in place," the demand for safe and affordable transportation for non-driving seniors is growing. Volunteer drivers are needed to provide rides to non-driving seniors in Northern Virginia. If you volunteer as a driver just once or twice each month, you will make a positive impact on the life of a senior in your community.

To become a volunteer, contact one of our service providers; [Reston Community Center](#), [Herndon Village Network](#), [Mount Vernon at Home](#), [Shepherd's Center Annandale-Springfield](#) or [Shepherd's Center McLean-Arlington-Falls Church](#). Or contact [NV Rides](#) for information about becoming a volunteer driver.

- **We'll pay for your DMV and background check.**
- **Once approved you'll learn our user friendly web-based scheduling system.**
- **Choose the appointments that best suit your personal schedule - no minimum number of rides required.**
- **You'll receive a mileage report for your annual tax filings.**

If you know someone who is interested in volunteering use the forward button at the bottom of this email to send this information.

Help us tell the NV Rides story



Do you believe the work NV Rides is doing is important to non-driving senior adults? Please help NV Rides spread the word about the value of volunteer transportation options in the Northern Virginia community. Get a flyer posted in your faith organization bulletin or newsletter, or help us find speaking

opportunities in your communities. We would love to speak to home owners associations, faith communities, rotary clubs or outreach committees.

Please "like" us on [Facebook](#) and "share" our posts to help us reach new audiences. For more information Contact [Gina](#)

If you would like to walk with them, they meet every Tuesday and Thursday between 8:30 and 9:30 am in the food court.

Do you know a group we can talk to about volunteer opportunities? Let us know. Contact [Gina Cocomello](#) for more information.



In partnership with Fairfax County and Jewish Council for the Aging (JCA), with additional support from The Community Foundation for Northern Virginia, the Jewish Community Center of Northern Virginia (The J) is administering this community-wide initiative so that more non-driving older adults will be able to get where they need go at no cost, and "age in place" for as long as possible.